



Thrive by Five Coordinating Council

Tuesday, September 29, 2020

Webex Meeting

3:00- 4:30 pm

Agenda

- 1) Reflections from Last Meeting
 - Systems Navigation, Help Me Grow
- 2) 2020 Maternal & Infant Health Summit Recap
- 3) Discussion: Draft Recommendations
 - Systems Navigation
 - Maternal Health
 - Early Learning and Development
- 4) Other Member Updates
- 5) Additional Comments & Next Steps

Reflections from Last Meeting

Summary:

- At our July 29th meeting, the Chair opened the meeting with a discussion on systems navigation by mentioning the lack of connectivity between resources in the District. Chair noted Help Me Grow to help inform our thinking and consider ways to grow and scale programs that are working well.
- Help Me Grow's Omotunde Sowole-West and Todd Elliott provided information on their system and the care coordination and services they provide to families during the COVID-19 crisis.
- Are there any points of discussion from our last meeting that need to be raised? What topics should we add to our parking lot?

2020 MIHS Recap

The Mayor's 2020 National Maternal & Infant Health Summit was a great success!

This year's theme— “Rethinking Our Perspectives, Retooling Our Actions”— allowed us to use lessons learned from the COVID-19 response to push for improved delivery of perinatal care and continued investment in proven supports for moms, babies, and their families.

A special thank you to our planning committee, attendees, and the dynamic group of panelists and speakers for driving the conversations throughout the week.

2020 MIHS Planning Group

This year, we were able to increase the number of government agencies to include:



2020 MIHS Planning Group

In addition to our government partners, the following community-based organizations were involved in this year's planning:



2020 MIHS Partners

This year's Summit was possible due to the following Memorandums of Understanding established with Thrive by Five DC:

Department of Employment Services

Department of Health Care Finance

Mayor's Office of Community Affairs

Office of the State Superintendent of Education

Department of Behavioral Health



2020 MIHS Pre-Summit Series

MAYOR'S OFFICE OF
COMMUNITY AFFAIRS



MedStar Health



Children's National®



These pre-recorded conversations were released the week before this year's Summit. Topics included immunizations, mental health, fatherhood, teen parenthood, and more! We wanted to be sure that these releases are connected to the Maternal & Infant Health Summit (and more broadly, the Mayor's initiative).

Segments received over 2,000 views on average, and all videos are available on the MomHealthDC Facebook page and the Thrive by Five YouTube account.

2020 MIHS Kickoff Run of Show

Date	Description
Tuesday, September 15th	Welcome & Opening Remarks <ul style="list-style-type: none">• Mayor Bowser• Dr. LaQuandra Nesbitt• Dr. Faith Gibson Hubbard
	Panel 1: What We've Learned from COVID-19: The Pandemic's Impact on Perinatal Health and Our Next Steps
	Panel 2: Understanding the Root Causes: The Impact of Trauma on the Life Course
	Panel 3: In the Forefront: Moving the Needle on Perinatal Health through Youth Voice & Advocacy

2020 MIHS Week-Long Agenda

	September 16 th	September 17 th	September 18 th
10:00 am- 11:00 am	Surviving the Storms in Our Minds: Fixing Unhelpful Thoughts While Parenting	Pre-Ks Living with Elders	Ensuring Equity Across Life Course
11:15 am- 12:15 pm	COVID-19 and its Unique Effects on Infants and Children as Vulnerable Populations	Sisterfriends: It Takes a Village	Pregnant and Postpartum in a Pandemic: Anxiety Management Strategies for Providers, Communities, and Families
12:30 pm- 1:30 pm	Sing, Talk and Read: Building Early Literacy Skills with Young Children	Paternally Yours	Dual Pandemics: Impact of Systemic Racism and COVID-19 on Breastfeeding
1:45 pm- 2:45 pm	Promoting Opportunities for Young Parents to Thrive	InSideOut Dad: Supporting Incarcerated Dads Going Home	Holding Space for the Future of Black Birth
9:30 am- 1:30 pm		Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and their Infants (Free CME/CEU Course)	

These breakout sessions connected District residents with local and national resources and supports. Attendees had up to 12 sessions to attend over the 16th, 17th, and 18th based the following topics: COVID-19, Family Supports, Fatherhood, Mental Health, Pregnancy Complications, Prenatal/Postpartum Care, Racial Disparities, and Social Determinants of Health.

2020 MIHS By the Numbers

3 panels

12 breakout sessions

7500+ RSVPs

6000+ Summit attendance

2,550+ watch hours

2.7 million+ social media impressions

DC Maternal Health Website



At dcmaternalhealth.com/, you can find information about all things related to the Mayor's Maternal & Infant Health Initiative. We've updated the site with new resources and ways to stay connected.

All of this year's programming, including panels and breakout sessions will live on the site as well.



Baby Health

The health of a baby at birth can affect their wellbeing throughout the rest of their lives. Find prenatal and perinatal care resources for baby's health before, during, and after pregnancy.

[Learn More](#)



Maternal Health

Prenatal care and perinatal care is one of the best ways to ensure new mothers and babies thrive. Find resources for maternal health and infant health before, during, and after pregnancy.

[Learn More](#)



Early Development

Learn the important development stages for your babies and find support along the way. Find social, emotional, and financial resources for babies, children, and their families.

[Learn More](#)



Early Education

Early child care and education are key to your baby's development. Find tools, providers, and high-quality early childhood development programs for babies and children.

[Learn More](#)



Family & Community Health

The stronger the village the better, when it comes to raising a child. Find educational, financial, nutritional, and community resources for families with young children in the District.

[Learn More](#)



For Providers & Advocates

Bank on mothers, invest in children. High-quality care that supports mothers and their families is the best way to set the foundation for a healthy life. Provide high-quality care to support babies, mothers, and their families.

[Learn More](#)

Maternal Health Series En Español



As a follow-up to this year's summit, Thrive by Five DC will partner with the Mayor's Office on Latino Affairs to host a week of virtual conversations during the first week of October on the state of maternal and infant health in the Latinx community.

Join us **October 5th-9th** on the MomHealthDC Facebook page for virtual discussions on topics ranging from access to quality care, mental health supports, and more.

These conversations will be fully in Spanish.

For more information, visit dcmaternalhealth.com/latinx.

Subcommittees

As a reminder, we have the following subcommittees:

1. **Systems Navigation:** systems governance; resource supports

2. **Maternal Health:** District's responsiveness to maternal and infant health; Mayor's Maternal and Infant Health Initiative

3. **Early Learning and Development:** child care, child health and development



Draft Recommendations

Systems Navigation

- *Amplify District programs and initiatives coming online to increase awareness and impact.*
- *Align needs assessments to learn from data collection and create a systems mapping tool for families and providers.*
- *With guidance from DC Health, support and scale Help Me Grow as the system navigation point of contact for families and providers.*
- *Work with Child & Family Services Agency and Families First DC Family Success Centers to better streamline information and resources for families.*

*Do these recommendations sound right?
What edits or additions need to be made?*

Draft Recommendations

Maternal Health

- *Push for an expansion of centering programs to improve health care for pregnant women and their babies.*
- *Work with the Department of Health Care Finance to increase awareness of telehealth supports for pregnant and parenting women.*
- *Utilize the Mayor's Maternal & Infant Health Initiative to identify issues and opportunities in the perinatal health space.*

*Do these recommendations sound right?
What edits or additions need to be made?*

Draft Recommendations

Early Learning & Development

- *Create awareness campaigns to support agencies responsible for child find (OSSE and DCPS), programming at DC Public Library, and programming at the Department of Parks and Recreation.*
- *Continue to work in partnership with OSSE regarding the childcare subsidy and availability of childcare seats.*
- *Work more closely with childcare centers and associations to get information to providers (and the families they serve).*
- *Push for increase in dollars per facility to support behavioral health work for children, like Healthy Futures.*

*Do these recommendations sound right?
What edits or additions need to be made?*

Feedback Form



Feedback: Draft Recommendations

Members of the Thrive by Five Coordinating Council:

We have worked to distill our conversations as a whole group and within subcommittees over the past few months to create a draft list of recommendations. Please provide any feedback, edits, and additions to these that you may have by COB Friday, October 2nd.

You all should have received an email with a link to the form we'll be using to collect feedback on these draft recommendations.

Please provide any feedback that you may have by close of business Friday, October 2nd.

With your feedback, we'd like to get a final draft back to you all by our next meeting Coordinating Council meeting October 28th.

Other Member Updates

Additional Comments?

Meeting Materials



Thrive by Five Coordinating Council meeting materials are available via OneDrive.

Included, you will find:

- Thrive by Five Coordinating Council's Establishment Order
- Council Meetings folder
 - Contains meeting agendas, minutes, presentations, and other relevant one-pagers
- DC Government Reports
- Other Reference Materials
 - Currently contains DCPCA's Human-Centered Approach to Improve Reproductive and Maternal Health Outcomes in Washington, D.C.

Reminder: Future Meeting Dates

Thrive by Five Coordinating Council meeting dates usually fall on **Wednesdays**.

Date: October 28, 2020

Time: 3-5 pm

Location: Virtual

Date: December 16, 2020

Time: 3-5 pm

Location: Virtual

Thank you!

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